



Peach Review

ISSUE 24

MARCH 2018

OFFICERS

- **President**
Dustin Cain, CST
- **Vice President**
T.C. Parker,
CST, FAST
- **Secretary**
Jennifer Behlmann,
CST
- **Treasurer**
Stephen Wurtz, CST

BOARD OF DIRECTORS

- Erin Baggett, CST
- Nicol Bates, CST
- Kelly Phillips, CST
- Rob Scheps, CST
- Susan Smith, CST

Stepping Up and Stepping Out by Terri Crosson, CST, FAST

I remember blindly signing a form given to me by my trusted instructor years ago, only to find out that I had signed a Consent to Serve for the Georgia State Assembly. As horrified as I was to learn that I had just agreed to run for election for the board, I was even more afraid of the fact I had to speak to an audience. Fast forward eight years later, and I have no regret about signing that paper. I realized that my fear was short lived and had little merit.

I could have backed out and stepped away, but I decided to try a new path, put my fear aside and step out of my comfort zone.

As a SALC representative, one comment I hear often from board members, that it is hard to find people to step up and run for a position on their state assembly. I know everyone assumes it is going to be too much work or they are going to be too busy. An efficient and well-run board does not require that much work when each of its members do their part. Conferences require some extra effort, but I relate it to being on call for the weekend at the hospital.

The requirements for running for a position as a board of director on your state assembly are simple: you must be an active member of AST, and hold your surgical technologist certification.

A Consent to Serve form and Curriculum Vitae must be submitted to your state assembly prior to your state's conference to be cleared by the credentialing committee. Once you are approved by the committee, your name is placed on the ballot. Elected positions are for two-year terms unless you are filling a vacant position for a one-year term seat.

The new board members take their position once the business meeting is adjourned. The state assembly board then has orientation for its new members, offering them guidance and advice for the coming two years. Ideally, mentors should be assigned to answer questions and to help make it a smooth transition. Your SALC representative always is available to answer any questions you may have concerning your state assembly.

Being active with your state assembly does not mean you have to dedicate all of your free time, but it does require you to step out of that comfort zone and into a role of leadership. Maybe this year is the year that you take that step.

March 2018 Meeting Highlights



Upcoming Events



*Surgery Southern
Style*



*Saturday, September 8, 2018
Wiregrass Technical College
Valdosta, Georgia*

**Saturday, September 8, 2018
8:00 a.m. - 5:00 p.m.**

**Wiregrass Technical College
Valdosta GA**

Earn 8 CE's for only \$65 (early bird price),
plus receive hot breakfast and lunch!

To register online, go to
www.ast-gasa.org/spring-2018-meeting